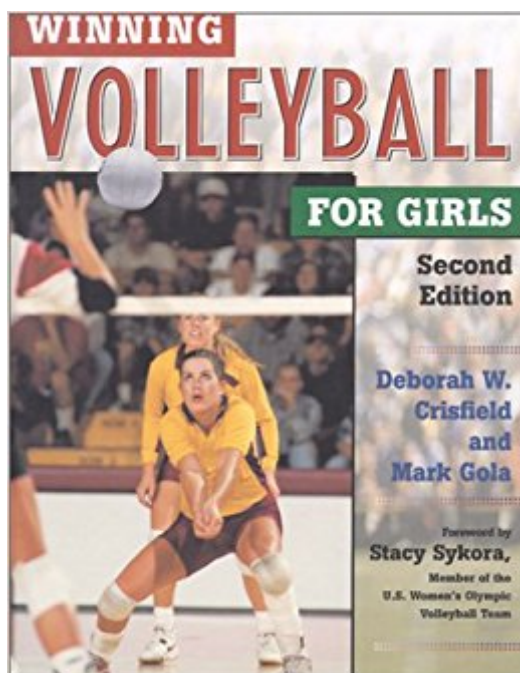


The book was found

Winning Volleyball For Girls (Winning Sports For Girls)



Synopsis

With more than 14 million women playing the game, volleyball has become one of the most popular sports in the United States. This volume provides players and coaches with chapter-by-chapter coverage of the key elements of the game, from the rules and strategies to tips on putting together a winning team. Photographs and illustrations show the crucial skills and plays, and there is a glossary of volleyball terms.

Book Information

Series: Winning Sports for Girls

Hardcover: 178 pages

Publisher: Facts on File; 2 edition (March 2002)

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ISBN-10: 0816046204

ISBN-13: 978-0816046201

Product Dimensions: 9.5 x 7.3 x 0.7 inches

Shipping Weight: 1.3 pounds

Average Customer Review: 4.8 out of 5 stars 4 customer reviews

Best Sellers Rank: #1,250,322 in Books (See Top 100 in Books) #91 in Books > Sports & Outdoors > Other Team Sports > Volleyball #180 in Books > Teens > Sports & Outdoors

Customer Reviews

Gr. 5[^]-7. Volleyball is big these days, but this book is not for girls who want to have a friendly game on the beach. Crisfield takes her volleyball seriously, and she wants her players to take it seriously as well. Everything a prospective player wants to know is included here: rules, techniques, and strategies, with plenty of diagrams so that readers can get a visual image of what is being described. The black-and-white photos are occasionally grainy and/or dark, but in the main, they support the text. A practical addition to sports shelves. Ilene Cooper --This text refers to an out of print or unavailable edition of this title.

"An excellent reference source for the young player and a solid review for a young coach... useful..." - Choice" --This text refers to the Paperback edition.

Bought this book for a youngster starting out in junior high Volleyball and she loved it

My daughter is interested in volleyball but needed to sharpen her skills. This book was perfect.

Im getting back into volleyball and decided to go to my local library and rent out a bunch of books. I really enjoy this book because it seems as if the author is coaching you. Reading the book feels as if your getting pointers from a first hand perspective. I like her approach and tips that are included in the book.I am a male volleyball player with four years high school experience and want to get into coaching. I have enjoyed this book and have used it to refresh my memory. The drills in this book are well written. I like how a few drills are given as to not overwhelm the reader with too much info.For the advanced players I think the only way to get better is to seek professional coaching. For the beginners/intermediate players its about understanding and executing a concept. the author has done that and I have enjoyed this book.

this book is a good book for the ones who are just starting out in volleyball. as a player of a team i would say that this is NOT the right books if you just want to increase your skills. besides that i thought that was well written and accurate.

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